

Make Space for Encounter

**Private Individually Guided Retreats
From January 2023 to December 2023**

*Where can I flee from your presence
if I ascend to the heavens you are there,
if I descend to the depths you are there..
(Psalm 139:7)*

at Letton Hall, Norfolk IP25 7SA

Privately Guided Retreats are an opportunity to have more personal space to spend time doing those things that we might not have the opportunity to do in our home environment. The programme is tailored to the individual and their wants and needs. Being lightly held with a rhythm of prayer – usually morning and evening prayer throughout your stay.

This is a self-catered retreat in the Norfolk Wing of Letton Hall, a fully equipped wing with kitchen/dining room, lounge and shower/bathroom.

Self-catered retreats for those who prefer to have a private space and want to spend time on their own to draw near to God, to think, reflect and pray, noticing and finding God in all things.

During your retreat 1:1 sessions with a Spiritual Director are available.
(booking in advance required)

*For a booking form and information visit
www.guidedretreats.org.uk
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